Who is the UConn PATHS Team?

PATHS (People Active on Trails for Health and Sustainability) is a team of UConn educators who believe trails help promote the health, fitness and well-being of families and youth.

Together, we’re taking the steps to support healthy living and encourage you to...

Get OUT
Get ACTIVE
and
Get HEALTHY

CHECK US OUT!  https://cttrails.uconn.edu/paths/  @CTTrailCensus

UConn Extension Centers Across Connecticut

2,589 programs provided to Connecticut cities & towns

DISCOVER trails
ENJOY nature and the great outdoors
CREATE memories with friends and family

UConn
COLLEGE OF AGRICULTURE, HEALTH AND NATURAL RESOURCES
EXTENSION