



Who is the UConn PATHS Team?

PATHS (People Active on Trails for Health and Sustainability) is a team of UConn educators who believe trails help promote the health, fitness and well-being of families and youth.

Together, we're taking the steps to support healthy living and encourage **YOU** to...

Get **OUT**

Get **ACTIVE**

and

Get **HEALTHY**

CHECK US OUT!

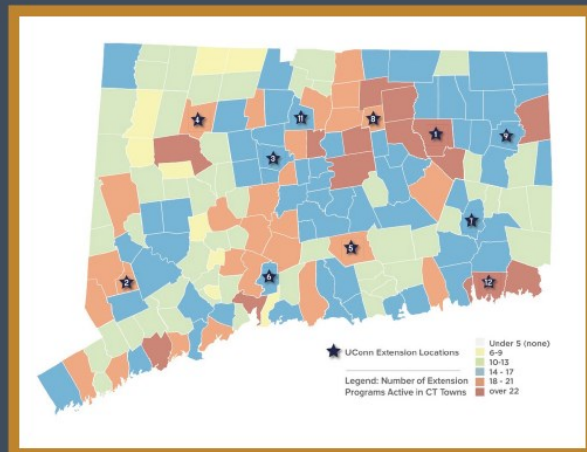
<https://cttrails.uconn.edu/paths/>

 @CTTrailCensus

UConn Extension Centers Across Connecticut

2,589

programs provided to Connecticut cities & towns



DISCOVER trails

ENJOY nature and the great outdoors

CREATE memories with friends and family



UConn
COLLEGE OF AGRICULTURE,
HEALTH AND NATURAL
RESOURCES
EXTENSION